

CV



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H-Index (Scopus) : 5

Completion Date: January 2024

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Academic Records:

Grade	Field Of Study	University Where Degree	Year Of Graduation
Associate	Family Health	Sabzevar University of Medical Sciences	2002
BS	General Hygiene	Mashhad University of Medical Sciences	2006
Msc	Health Education	Mashhad University of Medical Sciences	2016
Ph.D.	Health Education And Health Promotion	Shahid Beheshti University of Medical Sciences	2022

Title And Grade of Master's And Phd Theses:

Section	Title	Grade	Date
Ph.D.	Designing, Psychometric And Application of Physical Literacy Questionnaire of 16 to 18 Year Olds In Tehran	19/88	2022
Msc	Investigating The Effect of Educational Intervention Based on The Theory of Planned Behavior And The Structure of Stages of Change on Improving The Physical Activity of Health Volunteers In Mashhad Health Centers in 2014	19/80	2016

Records of educational activity (university)

Name of Course	unit / hour	University of teaching	Field and level of teaching	Date
Educational technology	2 theoretical units	Shahid Beheshti University of Medical Sciences	Public Health	2020
General Hygiene	1 theoretical unit	Shahid Beheshti University of Medical Sciences	Audiometry expert	2021
internship	5/21 practical units	Shahid Beheshti University of Medical Sciences	Public Health	2018-2022
internship	3/69 practical units	Sabzevar University of Medical Sciences	Public Health	2023
thesis judge	0/59 theoretical units	Sabzevar University of Medical Sciences	Master of health education	2023
Dissertation supervisor	0/24 theoretical units	Sabzevar University of Medical Sciences	Master of health education	2023
National program to fight non-communicable diseases	2 theoretical units	Sabzevar University of Medical Sciences	Public Health	2023
Individual and family health nursing	1/5 theoretical unit	Sabzevar University of Medical Sciences	Nursing	2023
Health education and community-oriented health promotion	1/5 theoretical unit	Sabzevar University of Medical Sciences	Master of health education	2023
internship	13/68 practical units	Sabzevar University of Medical Sciences	Public Health	2023
internship	3/42 practical units	Sabzevar University of Medical Sciences	Nursing	2023
Elderly health	2 theoretical unit	Sabzevar University of Medical Sciences	Public Health	2024
Principles of health planning	2 theoretical unit	Sabzevar University of Medical Sciences	Public Health	2024
Principles of health planning	2 theoretical unit	Sabzevar University of Medical Sciences	Public Health	2024
Sociology of health	2 theoretical unit	Sabzevar University of Medical Sciences	Master of health education	2024

internship	8/85 practical units	Sabzevar University of Medical Sciences	Public Health	2024
internship	2/41 practical units	Sabzevar University of Medical Sciences	Nursing	2024

Research plans:

Title	Role in plan	year of project	status/ Design code
Designing, implementing and evaluating the program of empowering the people of Joghtai city regarding hypertension with the approach of social responsibility: application of Farsid-Prosid model.	the presenter	2024	Under Construction /402140
Designing, implementing and evaluating a health-oriented self-learning game with a problem-solving approach in improving awareness, attitude and performance in the field of personal health in male students of the second period of primary schools in Shahrood city.	The second instructor	2023	Under Construction / 402062
Comparison of the effect of the educational intervention of the health belief model and protection motivation theory on the promotion of preventive behaviors against head lice infestation in Sabzevar students in 2022	the presenter	2023	Under Construction /401167
Design, psychometry and application of physical literacy questionnaire for 16-18-year-old adolescents in Tehran	the presenter	2019	terminated /21292
Investigating the influencing factors on the physical activity of female students based on the theory of planned behavior with the approach of path analysis	the presenter	2019	Terminated / 20941
A systematic review of the determinants of physical activity in students	the presenter	2018	Terminated /16034
Investigating the effect of educational intervention based on the theory of planned behavior on promoting physical activity and awareness in the prevention of diabetes in Mashhad students in 2017	the presenter	2018	Terminated /15999
Investigating the effect of educational intervention based on the theory of planned behavior and the structure of stages of change on improving the physical activity of health volunteers in Mashhad health centers in 2014	the presenter	2015	Terminated /931588
Investigating the effect of educational intervention based on social cognitive theory on the amount of fruit and vegetable intake in pregnant women covered by Mashhad Health Center No. 1 in 2014	Colleague	2015	Terminated /931255

Investigating the effect of educational intervention based on the health promotion model on the self-efficacy of self-care behaviors of the elderly with high blood pressure covered by the health centers of Qaimshahr city in 2014	Colleague	2015	Terminated /931654
Investigating the status of predictors of osteoporosis-preventing physical activity behavior based on the pattern of stages of change and health beliefs in Mashhad women using path analysis in 2013	Colleague	2014	Terminated /931382
Applying the theory of planned behavior in promoting diabetes awareness and self-care among Mashhad health volunteers in 2013	Colleague	2014	Terminated /931420

Thesis guidance and counseling

Hossein Ajam Nowrozi, Master of Health Education, second supervisor, (supervisor: Dr. Hamid Jovini), (on going 2023).

Published articles:

Title	index	Publication name	(IF)	print year	Number of authors	how many people
Development and Psychometric of a Physical Literacy Questionnaire for Young Adolescents (16-18 Year of Age): A Mixed-Method Study	scopus	Shiraz E-Med J	----	2023	5	First
Public Knowledge, Attitude, and Practice toward COVID-19 among the Iranian Population: A Systematic Review of the Literature	Index Copernicus	health-Providers	----	2023	5	Correspond
An Overview of Entrepreneurship in Nursing: Challenges, Opportunities, and Barriers	Chemical Abstracts Service	Medical Education Bulletin	----	2023	6	Fifth
Iranian Students' Satisfaction with Virtual Education during the COVID-19 Pandemic: A Systematic Review	Chemical Abstracts Service	Medical Education Bulletin	----	2023	6	Fifth
Relationship between physical literacy of 16 to 18-year-old adolescents with educational level and economic status of their families	Index Copernicus	health-Providers	----	2022	5	First
Relationship between physical literacy of adolescents 16 to 18 years with information acquisition sources on physical activity	Index Copernicus	health-Providers	----	2022	5	First

Factors Affecting Class Attendance: Perspective of Medical Students at Mashhad University of Medical Sciences, Iran	Chemical Abstracts Service	Medical Education Bulletin	----	2022	5	Correspond
Physical Literacy of 16-18-Years Adolescents: A Qualitative Study	ISI	International Journal of Pediatric	---	2022	5	First
Understanding the Physical Activity Behavior of Iranian Female Students: Two Approaches to Analyzing the Theory of Planned Behavior	ISI	International Journal of Pediatrics	---	2021	5	First
Evaluation of the Physical Activity of Health Volunteers using the Planned Behavior Theory and the Stages of Change Structure	Chemical Abstracts Service	Medical Education Bulletin	---	2021	5	First
Students' Challenge in Answer-changing on Multiple-choice Exams; Doubting the Answer or Not? A Systematic Review	Chemical Abstracts Service	Medical Education Bulletin	---	2021	7	Third
Predicting Health Volunteers' Physical Activity regarding the Theory of Planned Behavior and the Stages of Change Structure	Chemical Abstracts Service	Medical Education Bulletin	---	2021	5	First
The effect of education based on the theory of planned behavior on the promotion of physical activity and knowledge of students about diabetes prevention	ISI	International Journal of Health Promotion and Education	1	2020	4	Correspond
The Factors Determining the Physical Activity of Students: A Systematic Review	ISI	International Journal of Pediatric	---	2019	3	Correspond
The effect of educational intervention based on the theory of planned behavior and stages of change construct on women's physical activity	ISI	Journal of Education and Health Promotion	1/4	2019	5	Correspond
Investigating the Determinants of Physical Activity in Students in Order to Prevent Diabetes based on Planned Behavior Theory	ISI	International Journal of Pediatric	---	2019	4	Correspond
The Effect of Training Diabetes Prevention Behaviors on Promotion of Knowledge, Attitude and Practice of Students for	ISI	International Journal of Pediatric	---	2015	2	Correspond

Prevention of Diabetes in Mashhad City						
Pain Management in Children with Collaborative Parents and Healthcare Team	ISI	International Journal of Pediatric	---	2015	6	Fifth
The Effects of Speech Training, Guidebook and Simultaneous Method, on the Knowledge and Attitude of Students about HIV/AIDS	ISI	International Journal of Pediatric	---	2015	5	Third
Junk Food Consumption and Effects on Growth Status among Children Aged 6-24 Months in Mashhad, Northeastern Iran	ISI	International Journal of Pediatric	---	2015	5	Fifth

Summaries of articles/posters accepted in scientific conferences

Title	Year	Correspond	Conference name	Present
Investigating the effect of educational intervention on the adoption of preventive behaviors against head lice infestation by elementary school female students using the health belief model.	2024	✓	Festival of Sharing Valuable Social Experiences (ETA)	Poster
How to implement a public campaign to prevent Malt fever in Joghtai city.	2024	---	Festival of Sharing Valuable Social Experiences (ETA)	Poster
Designing and implementing an educational program to promote pediculosis prevention behaviors in female students: application of the health belief model	2023	✓	1st International Health Literacy Congress & 4th International Congress Health Education and Health Promotion	Poster
Health Promotion Planning Model of PRECEDE-PROCEED: Research Protocol of a Systematic Review for a 21-Years Application	2023	---	1st International Health Literacy Congress & 4th International Congress Health Education and Health Promotion	Poster
Investigating the impact of education on the knowledge, attitude and performance of farmers-rancher of Joghatai city about Brucellosis	2023	✓	1st International Health Literacy Congress & 4th International Congress Health Education and Health Promotion	Poster
Dimensions and concept of physical literacy of 16 to 18-year-old adolescents: a qualitative study	2021	✓	The 14th conference of new health sciences of Shahid Beheshti University of Medical Sciences	Poster
A study of eye care behaviors in patients with type 2 diabetes	2020	---	The 13th conference of new health sciences of Shahid Beheshti University of Medical Sciences	lecture
The effect of educational intervention based on the theory of planned behavior	2019	✓	The 12th conference of new health sciences of Shahid	Poster

on promoting physical activity and awareness in the prevention of diabetes in Mashhad students			Beheshti University of Medical Sciences	
Examining the determinants of physical activity in students in order to prevent diabetes based on the theory of planned behavior	2018	✓	The 9th National Congress of Health Education and Health Promotion and the 2nd Health Literacy Conference	Poster
Examination of physical activity based on the theory of planned behavior in health volunteers	2017	---	The 10th Health Science Conference of Shahid Beheshti University of Medical Sciences	Poster
Investigating the structures of the theory of planned behavior and the structure of the stages of change regarding the physical activity of health volunteers in health centers - urban Mashhad in 2014	2016	✓	The 9th Health Sciences Conference of Shahid Beheshti University of Medical Sciences	Poster
Predicting the promotion of physical activity based on the theory of planned behavior and the structure of stages of change in Mashhad health volunteers in 2014	2016	✓	The 9th Health Sciences Conference of Shahid Beheshti University of Medical Sciences	Poster
The Effect of Education on Diabetes Prevention Behaviors among Students in Mashhad in 2014-2015	2015	✓	th National & nd International Iranian Congress on Health Education and Promotion	Poster
A Survey of Special Training Round on Performance of Pediatric Residents	2015	----	th National & nd International Iranian Congress on Health Education and Promotion	Poster
Investigating the predictability of the constructs of the health belief model on nutritional behavior in the prevention of osteoporosis in women of Mashhad, 2013	2014	---	The 10th Research Congress of Medical Sciences Students of Eastern Iran	lecture
Examining the opinion of Mashhad Health Faculty students about the duties and performance of supervisors in 2012	2014	---	The 10th Research Congress of Medical Sciences Students of Eastern Iran	Poster

Compilation/translation of the whole or part of the book

Book title/ IBS number	year of publication	Compilation full of the book	Compiled part of the book	Position in book authoring
A collection of articles on physical activity 6-698-276-622-978	2024	✓	-----	main author
A collection of physical literacy articles	2024	✓	-----	main author

9-697-276-622-978				
Design, psychometrics and application of physical literacy questionnaire for adolescents 978-622-276-612-2	2023	✓	-----	main author
A suitable solution for promoting physical activity (the effect of educational intervention with the theory of planned behavior) 978-622-379-046-1	2023	✓	-----	main author
What people should know about cancer prevention 978-600-98569-7-8	2020	-----	✓	The author of the first chapter

Participation in specialized workshops

Title	Date/Year	Time / Hour
Workshop on ethical considerations in the use of artificial intelligence	2024	2
Thanksgiving and promotion of spiritual health	2024	2
Empowerment and training workshop for the promotion of faculty members	2024	2
Right way of thinking workshop	2024	2
Workshop on Increase the visibility of articles and researchers	2024	2
Workshop on Designing Exams-Short Response	2024	2
Multiple Test Design Workshop (MCQ)	2024	2
Workshop on educational content production using artificial intelligence	2023	2
Workshop on using artificial intelligence in the teaching and learning process	2023	3
Illustration workshop	2023	4
Social accountability and educational justice workshop	2023	3
Pathology of brainstorming sessions	2023	2
Ethics workshop in clinical trial studies	2022	4
Communication skills workshop	2022	3
Theoretical and practical workshop for writing a systematic review article	2018	4
Workshop - Introduction to Scholarly Publishing	2018	8
Educational campaign design principles workshop	2017	16
English essay writing workshop	2017	8
Workshop on paraphrasing literary texts: avoiding plagiarism	2016	4
Implementation of Journal Club	2016	2
Systematic review workshop	2016	6

Workshop on how to present Journal Club	2016	5
Essay writing workshop	2014	6
Advanced SPSS research methodology workshop	2014	8
Journal Club workshop	2014	2
Webinar workshop	2014	2
Workshop on how to write a thesis	2014	2

Referee certificate (conference/journals/ Research project)

Title of the conference/journal	Date
Referee of research project 8 of Sabzevar University of Medical Sciences	2023
Referee of research project 7 of Sabzevar University of Medical Sciences	2024
Research Project 6 referee of Sabzevar University of Medical Sciences	2024
Research Project 5 reviewer of Sabzevar University of Medical Sciences	2024
Referee of research project 4 of Sabzevar University of Medical Sciences	2024
Research project 3 reviewer of Sabzevar University of Medical Sciences	2024
Referee of research project 2 of Sabzevar University of Medical Sciences	2024
Referee of research project 1 of Sabzevar University of Medical Sciences	2024
Member of the editorial board of Health Providers magazine	- Feb. 1, 2022 Aug. 15, 2023
Reviewer of Health Providers magazine	2022-2023
Reviewer of Paish magazine	2022-2024
Reviewer of Medical Education Bulletin	2021-2023
Judge of the Scientific Committee of the 14th Conference of New Health Sciences	2021
Judge of the Scientific Committee of the 13th Conference of New Health Sciences	2020
Member of the Scientific Committee of the Public Health Panel of the 12th Health Science Updates Conference	2019
Judge of the Scientific Committee of the 12th Health Sciences Conference	2019
Komesh quarterly reviewer	2018
Judge of the Scientific Committee of the 11th Conference of New Health Sciences	2018
Judge of the Scientific Committee of the 10th New Health Sciences Conference	2017

Designing educational packages (designing posters, pamphlets, tracts and educational PowerPoint)

educational material	Date	place of creation	type	considerations
Non-verbal communication method training package (body language), Target group: Education experts of Mashhad University of Medical Sciences	2012	Mashhad Faculty of Health	Pamphlet - PowerPoint	The picture of the documents is attached.
Educational package for getting to know Salk's disease, Target group: Students	2013	Mashhad Faculty of Health	Pamphlet	The picture of the documents is attached.
Educational package of the benefits of physical activity Target group: Health volunteers of urban health centers in Mashhad	2014	Mashhad Faculty of Health	Pamphlet-tract - PowerPoint	The picture of the documents is attached.

Compilation of the lesson plan

Title	target group	Date
The lesson plan related to the plan to improve the awareness, attitude and performance of students in the prevention of seeking	Mashhad primary school students	2014
Educational technology lesson plan	Public health students of Shahid Beheshti	2019
Public health lesson plan	Audiology students of Shahid Beheshti	1400
Non-communicable diseases lesson plan	Public health students	1401
Personal and family health nursing lesson plan	nursing students	1401
Community-oriented health promotion lesson plan	Masters students in health education	1401
Sociology of health lesson plan	Masters students in health education	1402
Elderly health lesson plan	Public health students	1402
Health planning principles lesson plan	Public health students	1402

Experience in specialized field

Title	Time (hour/day/month/year)	Date
Participation in the implementation of the first stage of the blood pressure disease project in Joghtai	48 Hours	2024

Executive Secretary of the OSCE Examination of Public Health Students	---- Hours	2024
As an evaluator in the OSCE exam for undergraduate public health students	4 Hours	2024
Executive Secretary of OSCE Public Health Students	25 Hours	2023
As an evaluation in the OSCE Examination of Undergraduate Students of Public Health	4 Hours	2023
Participation in the implementation of the pedicle prevention intervention plan in Sabzevar elementary schools	50 Hours	2023
As an evaluator in the OSCE exam for undergraduate public health students	8 Hours	2023
Member of the editorial board of Health Providers magazine	18 months and 15 days	2022-2023
Implementation of Journal Club	2 Hours	2015
Participation in the country's national vaccination plan (measles and rubella - MR)	25 Days	2003
Family Health Associate, Kasserine Kashmer Rural Health Center	10 months and 24 days	2003

Other employment records

Organization	Date
Employee of foreign exhibitions of Mashhad International Exhibition	2007-2008
Specialized exhibitions employee of Mashhad International Exhibition	2009-2013
Management of some projects of Mapna company	2013-2014

Awards and honors

Title	Date
Certificate of participation in the implementation of the first stage of the high blood pressure disease project in Joghtai	2024
Plaque of thanks in the establishment of the 12th student conference of new health sciences as a member of the scientific committee	2019

Certificate of appreciation for participating in the implementation of the country's national vaccination plan (measles and rubella - MR)	2003
Selected rank of Qur'an interpretation from Sabzevar University of Medical Sciences	2002

Membership in research societies and journals

Title	Date
Member of the editorial board of Health Providers magazine	2022-2023
Member of Health Education and Health Promotion Association	2015-2024

Mastery of language and other skills

Title	Date
International Computer Driving License	2008
MSRT (language certificate score 50)	2015

Research interests and tendencies

- Physical activity
- Physical literacy
- Application of theories of health education and health promotion